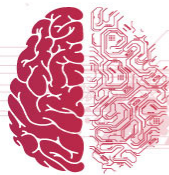


BRAIN 2021



SESSION 16: DSM NOS

Congratulations on reaching the final session of BRAIN 2021-2022! As we're coming to the end of the course, we realize there's lots of great stuff that hasn't fit into previous sessions. No worries, though - we're well aware of the limits of conventional labels! (remember episode 1 of Ten to the Fifteenth??). Our last session is jam-packed with topics we've missed and other fun stuff that didn't make it in.

Thanks for being a part of this journey — we hope it's been as fun for you as it's been for us!

On Your Own

Read:

"I Am Not I": The Neuroscience of Dissociative Identity Disorder

A Forgotten Rose: Embracing the Complexity of Neuroimmune Function

Creatures of Habit: The Neuroscience of Habit and Purposeful Behavior

Losing Control: Impulsivity in Psychiatry

Lifting the Veil: How the Brain Decides Blame and Punishment

So Happy Together: The Storied Marriage Between Mitochondria and the Mind

Any Questions? A Sober Look at MDMA

The Parable of Panic

Eat to Live or Live to Eat? The Neurobiology of Appetite Regulation

Do:

Bright Light Therapy and Seasonal Affective Disorder

With Your Pod (Or on Your Own)

"Let's Talk." Please review **these vignettes** and respond individually. Then, as a pod, review **these response options** (along with any other thoughts you had) — what response do you like the most and why?

Assessment

At the end of Session 16, you should be able to:

1. **Complete the post-course assessment.**



When you're ready, click here to submit your responses.